

**Three of the Kavanos  
for Amen, Yehei  
Shmei Rabba**

**The primary accom-  
plishment of this praise is  
that through it His Great  
Name will be exalted and  
sanctified from all worlds.**

*(Yesod V'Shoresh Ha Avodah)*

**The primary intent  
should be that His Name  
should be whole and His  
throne should be whole,  
that The Holy One, Blessed  
is He, should eradicate the  
memory of Amalek, and  
that His Name should be  
sanctified in all the worlds  
forever and ever.** *(based on Tur,*

*Orach Chaim Ch. 56)*

**אָמֵן**

**יְהִי שֵׁמֵי רַבָּא**

**May His Great Name**

**עַבְדְּךָ לְעוֹלָם**

**be blessed forever**

**וְלְעוֹלָמֵי עוֹלָמֵי**

**and for all eternity**

**Therefore, it is found  
in the writings of the  
ARIZal that when answer-  
ing, "Amen, Yehei Shmei  
Rabba", one should  
accept upon himself self-  
sacrifice, for through this  
service of self-sacrifice,  
His Great Name will be  
exalted and sanctified in  
all the worlds more and  
more.** *(Yesod V'Shoresh i'ha'avodah)*

**Focusing your eyes  
on the words "Amen,  
Yehei Shmei Rabba"  
as you say them is a  
powerful way to inspire  
the proper kavannah.**

*To bring this program to your shul or school call:  
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**This card was designed to be affixed to the inside of your siddur  
as a means to improve your concentration and Kavano when answering Amen.**

*"At the time that the people of Israel enter the synagogues and houses of study and respond in the Kaddish, 'May His great Name be Blessed The Holy One, blessed is He, shakes His head and says: 'Fortunate is the King who is praised this way in His house. What is there for the Father Who has exiled His sons, and woe to the sons, who have been exiled from their Father's table.'" [Berachos 3a]*

**אמר רבי יהושע בן לוי:  
כל העונה "אמן יהא  
שמה רבא עבדך" בכל  
פה, קודעין לו גזר דינו.  
(שבת ק"ט ע"ב)**

**Rabbi Yehoshua ben Levi said:  
Whoever calls out "Amen, Yehei  
Shmei Rabba..." with all his  
might, the evil decrees  
against him will be torn up  
(Shabbos 119B)**

**בזמנא דישתדל אתיבי  
בקול דם "אמן יהא  
שמה רבא עבדך",  
הקב"ה אתגלוי רחמי  
והיס על כלה.  
(זה"ק פרשת בה)**

**At the time when Israel responds  
in a loud voice, "Amen, May His  
Great Name be blessed  
(forever and ever)..." the Holy  
One, Blessed is He, becomes filled  
with compassion, and He has  
mercy upon all  
(Zohar, Parashas Nuach).**

**"ענית אמן יהא שמה  
רבא היא מצוה  
גדולה מאד."  
(משנה בירוח ל"טו ב"י ע"א)  
Answering "Amen, Yehei Shmei  
Rabba..." is an exceedingly  
great mitzvah  
(Mishnah Serurah 56:1).**

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